LESSONS LEARNED ALONG THE WAY

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August 11, 2018
Proverb

“a short pithy saying in general use, stating a general truth or piece of advice”

http://www.oxforddictionaries.com/definition/english/proverb
Where are you on your journey?
“Life is too short for white walls.”

--JVS 1997, AIDS Warrior
“This world is a harsh place, this world.”

Zulu proverb
“The other is under our roof or on the other side of the globe.”
– Carl Wilkens

• When we can successfully distance ourselves from the other human beings, see the differences rather than the commonalities, that is when the light goes out on “shared humanness”.

• Dehumanizing individuals, communities or entire populations creates an environment that fosters and even celebrates cruelty and violence.
"The worst sin towards our fellow creatures is not to hate them, but to be indifferent to them: That's the essence of inhumanity."

--George Bernard Shaw
Bearing Witness

A privileged, sacred role with the utmost responsibility to the person/people involved as well as to society as a whole.
Lesson One

• Be open to the journey.
• Your teachers are everywhere.
• Find your people.
• Listen intently to those who are impacted the most.
• Use your VOICE
“It is in the shelter of each other that the people live.”

--Irish Proverb
Where We Work
Our Mission

PIH delivers high-quality health care in some of the world’s poorest communities.

By pushing the boundaries of what’s possible in health care, PIH has a global impact.

PIH Community Health worker Lucrecia M. Sherman visits the home of HIV patient Lucy Farr in Harper, Liberia on Sept. 24, 2015. Farr fell critically ill when her HIV treatment became unavailable during the Ebola epidemic. She is now under the care of PIH and her health is returning day by day.

Photo by Rebecca E. Rollins / Partners In Health
Our mission is to provide a preferential option for the poor in health care.

By establishing long-term relationships with sister organizations based in settings of poverty, Partners In Health strives to achieve two overarching goals:

- to bring the benefits of modern medical science to those most in need of them
- to serve as an antidote to despair.

We draw on the resources of the world’s leading medical and academic institutions and on the lived experience of the world’s poorest and sickest communities.

At its root, our mission is both medical and moral. It is based on solidarity, rather than charity alone.

When our patients are ill and have no access to care, our team of health professionals, scholars, and activists will do whatever it takes to make them well—just as we would do if a member of our own families or we ourselves were ill.
PIH Values

• Commitment
  – We are tenacious and resolute in our drive to attain social justice.

• Pragmatic Solidarity/Accompaniment
  – We make common cause with those in need.

• Humility
  – We listen to and learn from others.

• Integrity
  – We operate with honesty and fairness.
How is PIH Different?

- We go
- We make house calls
- We build health systems
- We stay
STAFF

STUFF

SPACE

SYSTEMS

4 S’s
Global Health Delivery

Patient care

- Logistics
- Advocacy
- Development
- Information Systems
- Finance
- Lab
- Pharmacy
- Monitoring & Evaluation
- Facilities/Maintenance
- Clinical
- Supply Chain
CHWs and matrones conduct home visits and community outreach events to:

- Identify and refer pregnant women with danger signs to the facility
- Provide outreach and education on maternal and reproductive health issues

Additional Community services include community based distribution of short-term Family Planning methods

nurse auxiliaries provide:

- Antenatal care services
- Basic labor and delivery care services (basic EMOC)
- C-section (2nd)
- Post-Natal Care services
- Family planning services
- STD screening and treatment
- Gender Based Violence care
- Vaccinations
- PMTCT
- GYN OP/ IP care: CC

Antenatal care services
- High Risk pregnancy care
- EMOC (Emergency OB Care)
- GYN care including: STD/I screen/fx, CC screening, OP GYN, Chemo, Palliative care, Comp. pelvic surgery
- Post-Partum services
- Family planning services
- Vaccinations
- Gender-based Violence care
- PMTCT
- OB-GYN Residency Training
Lesson Two

• Geography is privilege.
• Quiet Heroes are found everywhere.
• We are our brothers/sisters keeper.

“The rock in the water does not know the pain of the rock in the sun.”

Haitian Proverb
Impact of Media

- The first Ebola patient to be diagnosed in the U.S. died 10/8/14.
- Three days earlier—10/5/14 government health officials in Sierra Leone reported 121 Ebola deaths in a single day.
- But Western media made little mention of the latter.
Ebola Outbreak 2014-2016

Worldwide, there were 28,646 cases of Ebola virus disease and 11,310 deaths as June of 2016
In the moment of crisis, the wise build bridges and the foolish build dams.

—Nigerian Proverb
5 Pillars of PIH’s Ebola Response

1. Stop transmission
2. Treat Ebola
3. Strengthen health systems
4. Train health professionals
5. Generate new knowledge

Photo by Rebecca Rollins- Freetown
“In a comparison of present-day Sierra Leonean and US Civil War hospitals, the US Civil War facilities are equivalent and in many ways superior.”

<table>
<thead>
<tr>
<th>Procedure</th>
<th>Sierra Leone public hospitals (2008)</th>
<th>US Civil War field hospitals (1864)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Basic suturing</td>
<td>Common</td>
<td>Common</td>
</tr>
<tr>
<td>Wound debridement</td>
<td>Common</td>
<td>Common</td>
</tr>
<tr>
<td>Closed fracture management</td>
<td>Common</td>
<td>Common</td>
</tr>
<tr>
<td>Open fracture management</td>
<td>Rare</td>
<td>Common</td>
</tr>
<tr>
<td>Limb dislocation management</td>
<td>Rare</td>
<td>Common</td>
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<tr>
<td>Amputation</td>
<td>Rare</td>
<td>Common</td>
</tr>
<tr>
<td>Foreign body removal</td>
<td>Rare</td>
<td>Common</td>
</tr>
<tr>
<td>Chest tube insertion</td>
<td>Rare</td>
<td>Common</td>
</tr>
<tr>
<td>Laparotomy</td>
<td>Rare</td>
<td>Rare</td>
</tr>
</tbody>
</table>

PIH Key Initiatives:
Staff, Stuff, Space & Systems

1) Safe Triage & Isolation
2) Health Provider Capacity-Building & Support
3) Infection Prevention & Control
4) Disease Prevention and Surveillance
5) Infrastructure & Supply Chain
6) National Planning
7) Build Health Systems
PIH Ebola Response #Survivors Count
A patient prepares to receive an IV at Maforki ETU.

*Photo by Rebecca E. Rollins / Partners In Health*
PIH clinician Dr. Regan Marsh cares for Ebola survivor Mariatu, 9, on Jan 9, 2015 in Port Loko, Sierra Leone.

Photo by Rebecca E. Rollins / Partners In Health
Mariatu Sesay and her father, Sorie, sit together to celebrate her recovery from Ebola on Nov. 24, 2015 in Sierra Leone. Photo by Rebecca E. Rollins / Partners In Health
The “survivors’ tree,” a mango tree outside Maforki ETU, where each discharged patient ties a piece of cloth around a branch to celebrate his or her recovery.

Photo by Rebecca E. Rollins / Partners In Health
Ebola in HCW’s

• Over 900 HCWs contracted Ebola
• 2/3 of infected HCW died.
• Salome Karwah survived and continued to care for patients during the 2014-2015 Ebola epidemic in Liberia.
When the world stops watching.

Salome Karwah died in February of 2017 at age 31, several days after her fourth child was delivered by Cesarean section. It was a tragic end for a woman who had fought tirelessly against the stigma of Ebola.
Lesson Three

• We must act on the moral imperative to ease suffering.
• Fear is a powerful force that can be manipulated to make the scholars be silent.

“The one who tells the stories rules the world.”

– Hopi Tribe Proverb
## A lesson for the future

### THE FINANCIAL COST OF THE EBOLA EPIDEMIC

<table>
<thead>
<tr>
<th>Amount</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>$4.3\text{bn}$</td>
<td>The amount committed by external donors to fight Ebola in Sierra Leone, Guinea and Liberia so far. This is <strong>15 times</strong> the annual national health budgets of the three countries combined.</td>
</tr>
<tr>
<td>$1.58\text{bn}$</td>
<td>The 2012 gap in budgets to ensure essential healthcare for all the populations for all three countries.</td>
</tr>
<tr>
<td>$3\times$</td>
<td>The cost of dealing with this Ebola outbreak is nearly <strong>three times</strong> the annual cost of investing in building a universal health service in all three affected countries.</td>
</tr>
</tbody>
</table>

Save the Children, 2015. A wake-up call; lessons from Ebola for the world’s health systems
“We will be known forever by the tracks we leave.”

--Dakota Tribe Proverb

Leave good tracks.
we go
we make **house calls**
we build **health systems**
we stay