

When establishing or growing mental health systems, it is important to understand contextual factors that may affect people with mental health conditions and serve as facilitators or barriers to mental health integration into the general health system. This document introduces tools and frameworks that help with seeing the bigger picture so that you can understand who depends on the healthcare system, what that healthcare system does well, and what challenges it must overcome.

Below are tools that help with understanding where the healthcare system operates, how well mental health is integrated into Primary Health Care, who the key people are, and a system's current position.



## Situational Analysis

A situational analysis defines the circumstances prevailing in a specific catchment area that may affect people with mental health conditions and may facilitate or obstruct the integration of mental health services into the general health system.

- [WHO's situational analysis](#)
- [WHO QualityRights Tool Kit](#)
- [PRIME Situational Analysis](#)



## IMC Health Facility Primary Integration Checklist

This tool is used to assess to what extent mental health is integrated into Primary Health Care (PHC). An adapted and extended version of the WHO Mental Health PHC Integration Checklist has been developed by IMC (2017) and is available for download [here](#).



## Stakeholder Analysis

This tool is designed to help identify individuals and organizations who may be involved in a project or who have interests that may be affected by a project and to analyze these individuals'/organizations' needs. It can help with developing strategies for engaging and managing stakeholders to contribute to the success of projects.



## SWOT Analysis Matrix

This tool helps understand an organization's current position before making decisions about programming or projects by assessing Strengths, Weaknesses, Opportunities, and Threats. PIH has used this during Theory of Change workshops.

## STAKEHOLDER ANALYSIS

<b>High Power</b>	Keep Satisfied	Encourage and Influence
<b>Low Power</b>	Monitor	Keep Informed
	<b>Low Interest</b>	<b>High Interest</b>

## SWOT ANALYSIS

<i>Internal Factors</i>	
Strengths (+)	Weaknesses (-)
<i>External Factors</i>	
Opportunities (+)	Threats (-)