Partners In Health: Mental Health in Action

Over the past ten years, Partners In Health (PIH) has developed and grown mental health delivery programs across each of its eleven partner countries. While each site's cultural, social, and political contexts required unique processes and methods to build these programs, all programs shared **overall guiding principles** and a set of **key components** that have been adapted and implemented for evidence-based, sustainable programming.

In this document, we share these **cross-cutting principles** as our seven major components of the PIH Mental Health Value Chain. We also link to **resources and frameworks** developed by PIH teams to put each of these values into action to build sustainable mental health systems in low resource settings.

PIH MENTAL HEALTH VALUE CHAIN

The PIH Mental Health Value Chain—a map of the care delivery system—describes key elements essential in delivering quality, high-value care for mental health patients. The seven core components of the Mental Health Value Chain include:

Crisis Response
Supporting initial mental health and psychosocial responses in times of crisis

Prevention
Addressing stressors contributing to mental health conditions and educating health practitioners

Case-Finding
Identifying persons living with mental conditions and referring them to appropriate care

Assessment
Evaluating new patients to ensure proper diagnosis and linkages to appropriate treatment

Treatment
Providing patients with appropriate quality care, support, and medications

Follow-Up
Monitoring patients' clinical improvement and functioning and ensuring that they are supported for treatment adherence

Reintegration
Supporting persons living with mental health conditions in assimilating to daily life within their communities

> **For More Information on PIH Mental Health**
> - PIH Mental Health Overview
> - PIH Mental Health Value Chain
> - PIH Mental Health Service Planning Matrix
> - PIH Mental Health Fast Facts

Emphasizing PIH's commitment to progressive decentralization, this value chain highlights key elements for care at **health facility** and **community levels**, identifying ways in which a patient moves through the health system. It can also be tailored to **local health systems** and **available care delivery levels**, including at the community, health center, district, and hospital level.

Below, we have provided examples of materials and stories that relate to each step of the Value Chain. Please note, these examples are not all encompassing. For more materials, we encourage you to continue to explore our Research Library.

Crisis Response

- PIH Situation Analyses Summary
- PIH Psychological First Aid Training Slides

Site-Specific Implementation

- Zanmi Lasante Mental Health Medication Provider Reference Cards
- PIH StopCOVID: Mental Health
- Socios en Salud Mental Health Care in COVID-19
- Reflections on Developing a Community Mental Health System in Post-Earthquake Haiti

Case-Finding

- PIH Haiti Zanmi Lasante 5x5 Tasksharing Pyramid
- PIH Community Health Worker Algorithm
- PIH Mental Health Skills Packages Mapping
- Integration of Care for NCDs and Mental Health
- PIH 5-SPICE Framework for CHW Program Design, Quality Improvement, and Research

Site-Specific Implementation

- Compañeros en Salud Validation of PHQ-9 Tool
- PIH Malawi Integrated Care Cascade Toolkit
- PIH Kazakhstan Mental Health for TB Patients

Treatment

- PIH Overview of Psychological Interventions
- PIH Problem Management Plus Material Sample
- PIH Cross-Site PM+ Adaptation Key Takeaways
- PIH Child and Adolescent Mental Health Curriculum for Psychologists

Site-Specific Implementation

- Zanmi Lasante Mental Health Reference Guide
- Compañeros en Salud Clinical Algorithms for Mental Health Conditions
- Inshitu Mu Buzima Mental Health Care Pathway
- Socios en Salud Thinking Healthy Curriculum
- Socios en Salud Problem Management Plus

Prevention

- PIH Mental Health Sample Package of Training Materials for Health Providers and CHWs
- PIH Staff Wellness Initiatives

Site-Specific Implementation

- Inshitu Mu Buzima Self-Help Groups
- PIH Malawi Supporting Survivors of Sexual Assault

Assessment

- PIH Overview of Clinical Assessment Tools
- PIH Indicators for Mental Health Delivery
- PIH Mental Health Patient Card
- PIH Burden of Disease Report

Site-Specific Implementation

- PIH Sierra Leone Mental Health Register Sample
- Zanmi Lasante Mental Health Case Study
- Inshuti Mu Buzima Mentoring and Enhanced Supervision at Health Centers Program

Follow-Up

- PIH Electronic Health Information Systems
- PIH Mental Health Quality Improvement Scorecard

Site-Specific Implementation

- PIH-Kazakhstan Care for TB Patients' Mental Health
- PIH United States STOPCovid Check-In Guide
- Compañeros en Salud Enhancing Assessment of Common Therapeutic Factors
- PIH Sierra Leone Pediatric Mental Health Program

Reintegration

Site-Specific Implementation

- Socios en Salud Residential Support Homes
- PIH Liberia Mental Health Homeless Support
- Zanmi Lasante: The Lived Experience of Psychosis
- PIH Malawi: The Lived Experience of Psychosis