



The Commonwealth of Massachusetts
Executive Office of Health and Human Services
Department of Public Health
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Bureau of Infectious Disease and Laboratory Sciences

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MARYLOU SUDDERS
Secretary

MONICA BHAREL, MD, MPH
Commissioner

[Date]

[Employer]

[Employer address]

Dear [Employer]:

This letter is being sent to you at the request of [patient/contact].

[Patient/contact] has been instructed to stay at home for a period of time to help prevent the spread of COVID-19.

COVID-19 is an infectious disease that in COVID-19 is a new respiratory disease, caused by a novel (or new) coronavirus that has not previously been seen in humans. Reported illnesses have ranged from mild symptoms to severe illness and death for confirmed COVID-19 cases.

For more information about COVID-19, please visit the Massachusetts Department of Health website at <https://www.mass.gov/info-details/covid-19-updates-and-information#about-covid-19->

People who are infected with COVID-19 or exposed to COVID-19 need to stay at home even if they are experiencing no or mild symptoms. This important public health measure is necessary to limit community spread of COVID-19.

The exact amount of time that the patient needs to stay at home will be determined by the person's primary physician or Local Board of Health. Generally, this is 14 days or less.

We request your participation in this important public health activity in allowing [Patient/contact] to stay at home for the required period of time. Guidance for employers and employees during the coronavirus public health emergency is available here: <https://www.mass.gov/service-details/frequently-asked-questions-about-covid-19-employee-rights-and-employer-obligations>.

Sincerely,

A handwritten signature in cursive script that reads "Catherine M. Brown".

Catherine M. Brown, DVM, MSc, MPH
State Epidemiologist