

Putting the PIH Mental Health Service Planning Matrix in Action:

PIH cross-site development and co-authorship of Lesotho's first national mental health policy and strategic plan (2021-2027)

Background

PIH works across its constitutive teams and in a variety of ways to advance health equity toward the attainment of Universal Health Coverage (UHC). One important focus of these efforts is shaping more equitable health *policies* that decentralize a robust package of quality health services and ensure that those services are available and affordable to all.

In 2020, Lesotho's Ministry of Health invited PIH to be the lead partner in co-designing the country's first mental health policy and plan. This presented a key opportunity for **policy & partnerships, UHC planning & financing** staff and **global mental health** and **community health** clinical teams to work alongside the Mental Health Technical Working Group (MHTWG) in the development of this policy.

The MHTWG adapted elements of the Mental Health Service Planning Matrix to Achieve Universal Health Coverage as part of the policy formulation process, focusing on phase one specifically. Elements of phase two and three of the Planning Matrix were also conducted. This case study therefore offers an example of how the Planning Matrix can be adapted and used for policy development. Enclosed are some of the key elements and considerations for future mental health policy work.

Guiding Principles:

- Decentralization of services
- 5 S's Staff, Stuff, Space, Systems, Social Support
- The rights of people with mental conditions
- The PIH Mental Health Service Planning Matrix to Achieve Universal Health Coverage
- Continuum of care across the value chain

Phase 1 of the PIH Mental Health Service Planning Matrix: Care Delivery and Platform Elaboration

STEP 1: Assessing System Readiness: Mental Health Care Service Delivery in Lesotho & Burden of Disease from Mental, Neurological and Substance Use (MNS) Disorders

National, disease-specific health policies are informed by data on the current quality and scope of relevant essential health services as well as the disease burden of particular disorders. In Lesotho, these data came largely from a key burden of disease study¹ and situational analysis produced by the PIH global mental health team in 2017. Insights from these reports helped

¹ Vigo D. The disease burden of mental illness in Lesotho. Partners In Health Cross Site Mental Health Meeting; 2016 Sep 27; Beverly, MA.



frame the current deficiencies in mental health care delivery in Lesotho, pointed to areas that would need to be addressed by the new policy, and informed next steps and eventually the cost of implementation.

STEP 2: Task Sharing and Transdiagnostic Skills Mapping

In order to identify the staff and competencies needed to provide quality mental health services, it was crucial to assess the current skills, activities and staff devoted to these services. Data gathering rested on discussions with the MHTWG and outreach to District Health Management Teams (DHMTs). The MHTWG and PIH also employed several instruments to assess and find ways to strengthen the current landscape of human resources for mental health, including the "5 X 5 model" of key service packages and implementation guidelines to address common mental health disorders in low-resource settings. From these exercises we were able to identify gaps in staff levels and skills, and articulate the need for various additional health care workers as well as initial and in-service training in mental health care at all levels of the health system.

Phase 2 of the PIH Mental Health Service Planning Matrix: Implementation Preparation

STEP 3: Mental Health Value Change Adaptation & Developing of Care Delivery Pathways

Following discussions and data gathering on the current landscape of mental health care delivery in Lesotho, MHTWG and PIH teams reviewed and adapted the PIH Mental Health Value Chain to fit the packages of services recommended in Step 2. This was in service to help think through implementation preparations. Based on the skills mapping and value chain exercises, and to illustrate how patients move through the health system, the group also developed care delivery pathways for common mental health disorders, severe disorders, and substance use disorders (see Annexes). These served to solidify the roles of existing and new cadres of health workers as well as embed bi-directional referral pathways and decentralized services to districts, health facilities, and Community Health Workers (CHWs) in the proposed policy.

Phase 3 of the PIH Mental Health Service Planning Matrix: Spread and Sustainability

STEP 4: Government, Advocacy, Policy Development, and Partnerships

At this crucial stage, the MHTWG formed a sub-committee that would be responsible for drafting the mental health policy and plan, which would be heavily informed by the analyses of current mental health service delivery mentioned above. PIH was asked to join the writing sub-committee and work with MOH colleagues on drafting both the policy and its strategic plan for implementation. Through an iterative process of circulating revisions and comments, the writing team developed the overarching policy goal, strategic objectives, activities, and sub-activities that would need to be implemented in order to fully realize a comprehensive package of quality mental health services.



With the strategic plan fully fleshed out, the writing team requested recommendations from the broader MHTWG on when each of the plan's activities would be carried out. The team also worked with the Director of Mental Health to liaise with the Finance Department on providing cost estimates for staff salaries, supplies, and other inputs related to activities in the strategic plan.

The PIH global mental health team and the MHTWG reviewed Lesotho's national formulary to better align with pharmacological treatments recommended in the WHO Model List of Essential Medicines. A finalized list of medicines and their dosages was then combined with data on disease prevalence to project the annual quantities and costs for these medicines in Lesotho.

Taken altogether, the phased list of costed activities, including the costs of all inputs, would form the basis of a costed implementation plan over the 7-year period. In Summer 2021, the MHTWG writing sub-committee aims to review a finalized Mental Health Policy and Strategic Plan (2021-2027) and submit it to the Director of Mental Health for approval and advocacy.

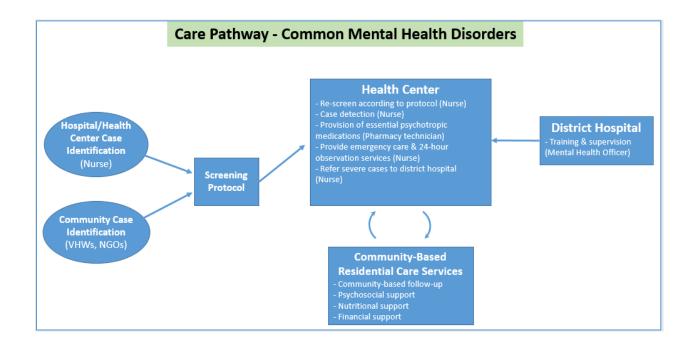
Important considerations for future policy work in mental health:

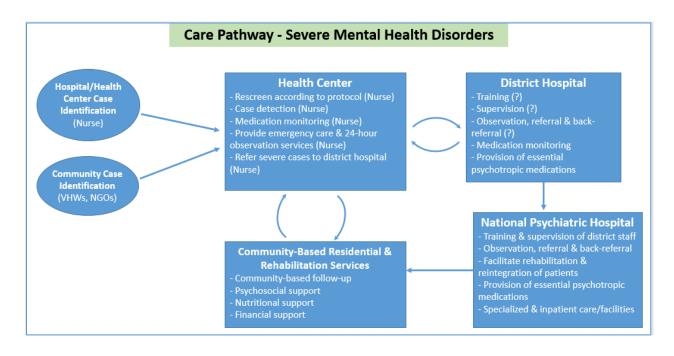
- MOH leadership and buy-in is critical
- Position vis-à-vis policy stewards very important asked to help design and co-author
- Data needs it can be a challenge to collect all of the needed information for policy design and costing; plan ahead to determine what data is needed, where to get it, etc.
- Operational considerations point people for generating and coordinating materials, time spent on collecting data, timelines for submission, COVID-19 considerations (restrictions on travel and assembly)



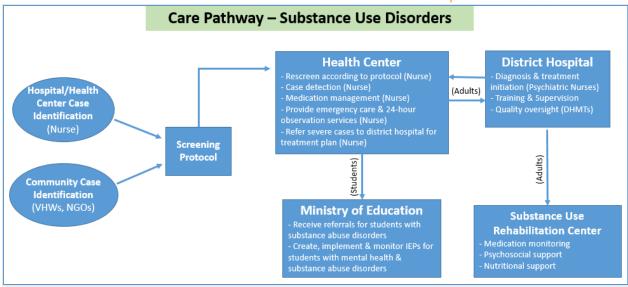
Annexes

Annex I: Developed as part of Step 2 described above: care pathways for common mental health disorders, severe mental health disorders, and substance use disorders.

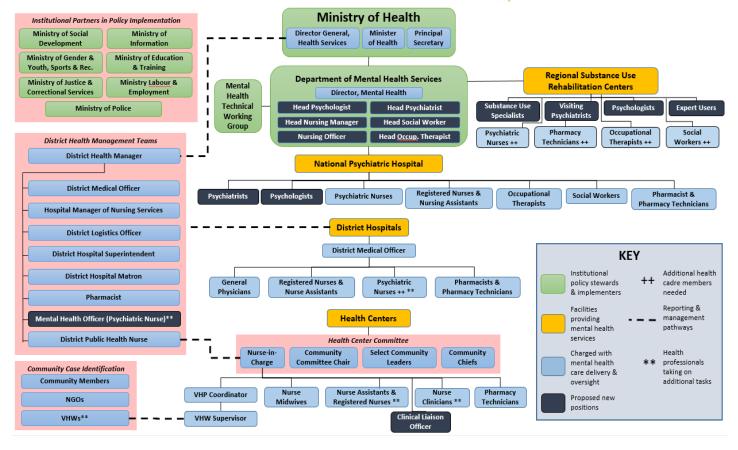








Annex II: Organigram of Mental Health Services in Lesotho (service delivery, supervision, governance). This was developed as part of the Task Sharing and Transdiagnostic Skills Mapping step.



Annex III: Mapping Essential Medicines to Manage & Treat Mental Health Conditions. This is useful both for the formulary and medication guidance step as well as for costing medications necessary for resource mobilization.

2019 WHO Essential Medicines List	2005 Lesotho Essential Medicines List & 2017 ES Addendum				
Chlorpromazine	X				
Fluphenazine	X				
Haloperidol	X				
Risperidone	X				
Clozapine	-				
	Flupenthixol				
	Lithium carbonate				
	Olanzapine				
	Sulpiride				
	Ringer's lactate				
	Sodium chloride				
Medications used in depressive disorders					



Amitriptyline	X			
Fluoxetine	-			
Medications used in bi	polar disorders			
Carbamazepine	X			
Lithium carbonate	X			
Valproic acid (sodium valproate)	X			
Medicines for anxie	ty disorders			
Diazepam	X			
	Lorazepam			
	Nicorette			
	Quetiapine			
	Venlafaxine			
Medicines for disorders due to ps	ychoactive substance use			
Nicotine replacement therapy (NRT)	X			
Methadone	-			
Antimigraine m	edicines			
Acetylsalicylic acid	X			
Ibuprofen	X			
-	Amitriptyline			
-	Carbamazepine			
-	Dihydroergotamine			
-	Ergotamine + caffeine			
-	Paracetamol			
-	Propranolol			
	Sumatriptan			
Anticonvulsants/Ar	ntiepileptics			
Propranolol	X			
Carbamazepine	X			
Diazepam	X			
Lamotrigine	-			
Magnesium sulfate	X			
Midazolam	-			
Phenobarbital	X			
Phenytoin	X			
Ethosuximide	X			
-	Chlormethiazole			
-	Chlorpromazine			
	omor promazme			
-	Haloperidol			
-	·			
	Haloperidol			



NOTE: The items below are taken from Lesotho's EML where they are listed under the broad category of "Psychotherapeutic Medicines." The highlighted medicines from this list are not in the 2019 WHO Model Essential Medicines List:

- Amitriptyline
- Artane
- Benzhexol
- Biperiden
- Carbamazepine
- Carbidopa
- Chlordiazepoxide
- Chlormethiazole
- Chlorpromazine
- Clonazepam
- Dihydroergotamine
- **Ergotamine**
- Fluphenazine
- Haloperidol
- Imipramine
- Levodopa
- Phenytoin
- Sodium valproate
- Thioridazine
- Tryptyline

Annex IV: Mental Health Value Chain – Adapted for Lesotho

	Prevention	Case finding	Evaluation	Treatment	Follow up	Reintegration	Crisis response
Community	-poverty	-VHW to	-VHW to use	-VHW to offer basic	-VHW to offer	-community	-basic management of
level	reduction	screen,	the tools to	counselling,	aftercare to	leaders to link	neuropsychiatric
	activities	identify mental	access the	psycho-education	people referred	mental health	disorder
	-reinforce	disorders and	symptoms and	and psychological	back from	clients to	-use of international
	existing	refer	severity of the	first aid	facilities	appropriate	guidance
	community	-community	mental	-VHW with support	-Routine reviews	community	-response
	support	and self-	disorder	of community	of people living	activities	coordination team
	networks e.g D	referral	-appropriate	members to offer	with mental	-community	-team development
	OTS for mental		referral	emergency first aid	health in the	leaders to protect	-communication and
	health			care for people	community by	the human rights	problem solving, PFA
	patients			presenting with	VHW	of mental health	-establishment of
	-community			neuro-psychiatric	-VHW to offer	clients	appropriate lines of
	and family			symptoms e.g epile	psychological	-VHW to offer	referral
	stigma			ptic attack	support and	basic counselling	
	reduction and				medication	to the family	
	education				adherence	members with	
	regarding					mental health	
	mental health					client	



	isa bopnelo in il il cartifi
(awareness	
campaign)	
- community	
leaders and	
VHW to	
promote	
mental rights	
of people living	
with mental	
disorder and	
problems	
-VHW and	
chief to	
resolve	
community	
conflicts timely	
to prevent	
mental	
problems e.g g	
ender based	
violence,	
depression	
-VHW to offer	
basic	
counselling to	
people who	
got involved in	
a traumatic	
events e,g deat	
h of close	
relative	
-traditional	
psychological	
first aid and	
community	
bereavement	
support durin	
g traumatic	
events e.g deat	
h of close	
relative	





everter education and points for campaign community presenting with problems or stakeholder involvement et g chiefs, councilors etc. Posters and distribution of IEC materials mental meath mental files and incommunity and interest and distribution of IEC materials patents disorders and encouncies exceeding for whiteholder monthers. Harged screening for volunerable groups e adol escent monthers, gran of paracus women contact trace people that were involved in an event that is likely to cause post traumatic stress solution or mental health patents to the patents during out-reachs and distribution of problems or contact trace people that were involved in an event that is likely to cause post traumatic stress solution or mental health education at eveny service in an event through that health education at eveny service in the point or mental health education at eveny service in the point or mental health education at eveny service in the point or mental health education at eveny service in the point or mental health education at eveny service in the point or mental health education at eveny service in the point or mental health education at eveny service in the point or mental health education at eveny service in the point or mental health education at eveny service in the point or mental health education at eveny service in the point or mental health education at eveny service in the point or mental health education at eveny service in the point or mental health education at eveny service in the point or mental health education at eveny service point or mental health education and the point or mental health education at eveny service in the point or mental health education at eveny service in the point or mental health education at eveny service in the point or mental health education at eveny service in the point or mental health education at eveny service in the point or mental health education at eveny service in the point or mental health education at eveny service in the point or mental health education at ev	Health	-health	-screening at	-clinical	-use of	-medication refill	-Mental health	-essential needs
sevel a wareness points for campaign and tests for sampling many disorders or problems or stakeholder problems or involvement et involvement et expension seven disorders and distribution of screening for lEC materials disorders in newly delivered mothers targeted screening for vulnerable groups e, adol esscent mothers targeted screening for vulnerable groups e, adol esscent mothers, rape ect. District hospital use of expert and the alth were involvement every service and partous women every service and partous women every service and point on mental health patients of the proposed problems and disorders and di			_					
campaign people with community empowerment disorders or problems or stakeholder community involvement et. Posters and distribution of IEC materials in health potential in health problems or distribution of IEC materials in health potential in health problems or distribution of IEC materials in health potential in health problems and distribution of IEC materials in health glovered mothers - targeted screening for vulnerable groups e.g. adol escent mothers, gran distribution of parous women - contact trace people that were involved in an event that is likely to cause post traumatic stress of disorder e.g. at cidents, rape ect. District - use of expert hospital patients during contact in equation and every service with an appling to representative problems and brown disorders on disorders and every service points - fineling and parous women e.c. and the problems and disorders in health problems and brown dealth problems and brown disorders and enrollment into mental health problems and brown disorders and every service people that were involved in an event were involved an an event were involved point on mental health education at every service points chain and promote the human rights of the protect			=			_		
empowerment based by discharge or problems or stakeholder involvement et involved in an event et involved et in en event et involved et in en event et involved et in en event et involved et involved et involved et in en event et involved	icvci		•				_	
empowerment disorders or problems or disorders involvement e training and disorders and distribution of IEC materials peated disorders in newly delivered mothers trageted screening for vulnerable groups e.g. adol escent mothers, gran disorder e.g. ac didents, grape ect. District ospitals use of expert and paragings severe many family and pampliets to near tracing tests through health occursed in an event traumatic stress of the point on mental health center on mental health center on mental health center on mental health center or problem of the problems and promote the health center on mental health center or problems of the problem				IF -		_		
stakeholder community disorders diagnosis of g chiefs, councilors etc. Posters and distribution of screening for oblems on disorders in envelvy delivered mothers targeted screening for vulnerable groups e.g. adol escent mothers, gran d parous women -contact trace people that were or intending and parous women evelved enters the hospital to cause post traumatic stress and incremental health councilors etc. -District expensions of the properties of the poster		-			_		-	
-stakeholder - community disorders involvement e. training and g chiefs, empowerment mental health councilors etcPosters and distribution of IEC materials in newly delivered mothers - targeted screening for vulnerable groups e.g. adol escent mothers, gran d parous women - contact trace people that were opint on campaigns service point on campaigns and program and pamphlets; through health councilors etcPoster display identify people in the DHMT and pamphlets that were organogram on the protect the point on mental health problems and pamplets that were organogram of the protect that provided in an event that its likely to cause post traumatic stres sets and part of the point on mental health and promote the point on enter mental health and papphlets that were organogram of the protect that the point on mental health and papphlets that were organogram of the protect that the protect organization of the protect organization of the protect of the protect organization or the protect organization orga		empowerment			IF		_	
involvement e. Training and empowerment mental health councilors etc. Posters and distribution of IEC materials pental p		-stakeholder	-	l'	_	-		community level
g chiefs, councilors etcPosters and distribution of IEC materials of IE			-					
councilors etc. Posters and distribution of lEC materials mental disorders in newly delivered mothers targeted screening for vulnerable groups e, g adol escent mothers, gran d parous women contact trace people that were involved in an event that is likely to cause post traumatic stres s disorder e, g ac cidents, rape ect. District hospital patients durings creening at all evel evel evel evel evel evel evel							•	
Posters and distribution of Screening for Membra Incompant into mental health mental disorders in newly delivered mothers - targeted screening for vulnerable groups e.g. adol esscent mothers, gran d parous women - contact trace people that were involved in an event that is likely to cause post traumatic stres b disorder e.g. actived in campaigns health eduction at every service point on mental health characting and parphlets plant were involved in mental health eduction at every service point on mental health mapping to representative and pamphlets plant were involved in mapping to enter to have mental health clients with VHW on disorders and on — I-link clients with VHW on disorders and which psychoeducation care. - counselling and psychoeducation psychoeducation care. - advocate for mental health clients toparticipa te in community activities - (-Community disorders in protect the rights of mental health clients to protect the rights of mental health clients with VHW on discharge - advocate for mental health clients toparticipa te in community activities - (-Community disorders in protect the rights of mental health clients toparticipa te in community activities - (-Community disorders in protect the rights of mental health clients toparticipa te in community activities - (-Community disorders in protect the rights of mental health clients toparticipa te in community activities - (-Community disorders in protect the rights of mental health clients toparticipa te in community activities - (-Community disorders in protect the rights of mental health clients to protect the rights of mental heal			empowerment		24 hours observati		l.	
distribution of IEC materials post-natal mental post-natal mental mental disorders in newly delivered mothers - targeted screening for vulnerable groups e.g adol escent mothers, gran d parous women - contact trace people that were involved in an event that is likely to cause post traumatic stres s disorder e.g. ac cidents, rape ect. District hospital level District education at tracing center with a cident sopraticipal televiolements of mental health elath education at every service point on mental health mapping to representative and psychotherapy are formed discharge advocate for mental health clients toqueld the clients toparticipal televiolemental delichest consumunity activities - delenst porticipal telenst consumunity activities - Community leaders to protect the rights of mental health clients of mental			-active	l'				
EC materials post-natal mental health care. disorders in newly delivered mothers targeted screening for vulnerable groups e.g. adol escent mothers, gran d parous women -contact trace people that were involved in an event that is likely to cause post traumatic stres s disorder e, g ac cidents, rape ect. District hospital level health elevel education at every service point on mental health mapping to representative enter to have mental health manping to representative and parous that were involved in an event that is likely to cause post traumatic stres s disorder e, g ac cidents, rape ect.								
mental disorders in newly delivered mothers - targeted screening for vulnerable groups e g adol escent mothers, gran d parous women - contact trace people that were involved in an event that is likely to cause post traumatic stres 5 disorder e, g ac cidents, rape ect. District hospital level campaigns service point on campaigns - health - contact tracing every service through health - Mental health every service to have mental health mental health edit of the mother of the service point on center to have mental health mental health promote the mental health protect and promote the health centers counselling, PFA and psychotherapy human rights of			_					
disorders in newly delivered mothers -targeted screening for vulnerable groups e.g adol escent mothers, gran d parous women -contact trace people that were involved in an event that is likely to cause post traumatic stres s disorder e.g ac cidents, rape ect. District		lee materials	•		psychocaacation		_	
newly delivered mothers targeted screening for vulnerable groups e.g adol escent mothers, gran d parous women -contact trace people that were involved in an event that is likely to cause post traumatic stres s disorder e.g. ac cidents, rape ect. District hospital evel - lactive campaigns service points on a tevery service point on mental health point on mental health ecenter and parophlets that were organogram service before the health ecenter to have mental health point on mental health appropried to the post of t								
delivered mothers -targeted screening for vulnerable groups e.g adol escent mothers, gran d parous women -contact trace people that were involved in an event that is likely to cause post traumatic stres s disorder e.g ac cidents, rape ect. District hospital patients during screening at all examination arm campaigns every service points diagnostic education at every service point on center to have point on center to have mental health health celients delivered mothers -Community leaders to protect the rights of mental health clients -Community leaders to protect the rights of mental health clients -Scheduled review referral pathways to and from security service points diagnostic arm latervention to treat common and severe mental health enders to have mental health centers -Poster display identify people in the DHMT and pamphlets that were organogram								
mothers -targeted screening for vulnerable groups e.g. adol escent mothers, gran d parous women -contact trace people that were involved in an event that is likely to cause post traumatic stres s disorder e.g. ac cidents, rape ect. District hospital level campaigns -health -contact tracing the discrete in the rights of mental health education at every service point on mental health -Mental health -Mental health -Mental health -Poster display identify people and pamphlets that were organogram activities -Community leadedrs to protect the rights of mental health clients -scheduled review -referral pathways to and from specialized monitoring and protect and health cefills health health health -Poster display identify people in the DHMT and pamphlets that were organogram			-	referrar			-	
-targeted screening for vulnerable groups e.g adol escent mothers, gran d parous women -contact trace people that were involved in an event that is likely to cause post traumatic stres s disorder e.g. accidents, rape ect. District -use of expert -active -clinical -use of -scheduled review -referral pathways -rediction -red							•	
screening for vulnerable groups e.g adol escent mothers, gran d parous women -contact trace people that were involved in an event that is likely to cause post traumatic stres s disorder e.g. ac cidents, rape ect. District hospital evel campaigns -health education at education at every service point on mental health -Poster display identify people in the DHMT and pamphlets that were ingurage leaders to protect the rights of mental health clients scheduled review -referral pathways visits to and from sesential psychoph scheduled review -referral pathways sesential psychoph sometial pathways sesential psychoph sometial pathways sometial psychoph sometial psychoph sometial pathways sometial psychoph sometial psychoph sometial pathways sometial p								
for vulnerable groups e.g adol escent mothers, gran d parous women -contact trace people that were involved in an event that is likely to cause post traumatic stres s disorder e,g ac cidents, rape ect. District -use of expert - active cidents, rape ect. District campaigns screening at all examination level campaigns service points -diagnostic -contact studies and education at every service point on mental health -Mental health center to have representative point on mental health mapping to representative and pamphilets that were organogram representative and pamphilets that were organogram representative human rights of			_				· ·	
groups e.g adol escent mothers, gran d parous women -contact trace people that were involved in an event that is likely to cause post traumatic stres s disorder e,g ac cidents, rape ect. District hospital patients during screening at all examination campaigns -health education at every service through health -Mental health point on mental health and pamphiets that were or organogram event interest consoleling, PFA and psychotherapy are ferral pathways wisits to and from specialized monitoring and specialized protect and promote the human rights of			_				•	
escent mothers, gran d parous women -contact trace people that were involved in an event that is likely to cause post traumatic stres s disorder e,g ac cidents, rape ect. District hospital patients during screening at all evel campaigns -health -contact tracing every service through health point on center mothers, gran d parous women -contact tracing every service through health point on center mental health point on center disorders counselling, PFA protect and promote the promote the human rights of							_	
mothers, gran d parous women -contact trace people that were involved in an event that is likely to cause post traumatic stres s disorder e,g ac cidents, rape ect. District obspital level evel evel trainings service points or ampaigns service points or education at every service through health or enter to have mental health every service mental health every service mental health mapping to representative representative and pamphlets that were organogram every service that were organogram evental disorders and pamphlets that were organogram evental every service that were evental every service to and pamphlets that were organogram evental every service to and pamphlets that were organogram evental every service to and pamphlets that were organogram evental every service to and pamphlets that were organogram evental every service to and pamphlets that were organogram evental every service to and pamphlets that were organogram evental every service to and pamphlets that were organogram evental every service to and pamphlets that were organogram event every service to and pamphlets that were organogram event even								
d parous women -contact trace people that were involved in an event that is likely to cause post traumatic stres s disorder e,g ac cidents, rape ect. District hospital patients during screening at all level campaigns -health -contact education at tracing education at every service point on ental health point on emental health pont on emental health happing to -Poster display identify people in the DHIMT and pamphlets that were organogram d -contact trace people that were involved in an event each silkely to cause of escheduled review -referral pathways to and from specialized psychiatric health ceffils hospital and health ceffils hospital and health centers -District leaders to promote the human rights of							Cherres	
-contact trace people that were involved in an event that is likely to cause post traumatic stres s disorder e,g ac cidents, rape ect. District hospital evel campaigns service points -health -contact studies and tracing tests tracing tests tracing tests point on mental health -Poster display identify people in the DHMT and pamphlets that were organogram event in the point on the people in the DHMT and psychotherapy and pamphlets that were organogram event in the people in the DHMT and psychotherapy in the people in the people in the people in the pople in the people			d					
-contact trace people that were involved in an event that is likely to cause post traumatic stres s disorder e,g ac cidents, rape ect. District hospital evel campaigns service points -health -contact studies and tracing tests tracing tests tracing tests point on mental health -Poster display identify people in the DHMT and pamphlets that were organogram event in the point on the people in the DHMT and psychotherapy and pamphlets that were organogram event in the people in the DHMT and psychotherapy in the people in the people in the people in the pople in the people			narous women					
people that were involved in an event that is likely to cause post traumatic stres s disorder e,g ac cidents, rape ect. District -use of expert - active patients during screening at all level campaigns service points -health -contact studies and every service point on mental health -Poster display identify people in the DHMT and pamphlets that were possible in the DHMT and psychotherapy in a mental pamphlets that were possible in the DHMT and psychotherapy in an event were involved in a mental health and pamphlets that were involved in a mental health were involved in a mental health and psychotherapy in a ment			parous women					
people that were involved in an event that is likely to cause post traumatic stres s disorder e,g ac cidents, rape ect. District -use of expert - active patients during screening at all level campaigns service points -health -contact studies and every service point on mental health -Poster display identify people in the DHMT and pamphlets that were possible in the DHMT and psychotherapy in a mental pamphlets that were possible in the DHMT and psychotherapy in an event were involved in a mental health and pamphlets that were involved in a mental health were involved in a mental health and psychotherapy in a ment			-contact trace					
were involved in an event that is likely to cause post traumatic stres s disorder e,g ac cidents, rape ect. District -use of expert - active serious patients during screening at all examination campaigns -health -contact education at every service points or mental health point on mental health point on mental health -Poster display identify people and pamphlets that were ental that man arights of expert traumatic stress should be accounted and pamphlets that were ental that the cause of the ca								
in an event that is likely to cause post traumatic stres s disorder e,g ac cidents, rape ect. District hospital patients during screening at all evel campaigns -health education at every service point on mental health -Poster display identify people in the DHMT and pamphlets in an event that is likely to cause post traumatic stres s disorder e,g ac cidents, rape ect. -clinical -use of escheduled review -referral pathways -scheduled review -referral pathways visits to and from -medication specialized phospital intervention to treat common and severe mental disorders -counselling, PFA and psychotherapy and psychiatric refills hospital and health centers -District leaders to protect and promote the human rights of			i ·					
that is likely to cause post traumatic stres s disorder e,g ac cidents, rape ect. District hospital patients during screening at all evel campaigns service points -health education at every service point on center to have mental health point on center mental health -Poster display identify people in the DHMT organogram								
cause post traumatic stres s disorder e,g ac cidents, rape ect. District hospital patients during screening at all examination campaigns service points health education at every service point on center to have mental health -Poster display identify people in the DHMT and pamphlets that were processing as a cidents, rape ect. -cidents, rape ect. -use of expert - active -clinical -use of -scheduled review -referral pathways visits to and from -specialized monitoring and psychiatric refills hospital and through health centers -counselling, PFA and psychotherapy human rights of								
traumatic stres s disorder e,g ac cidents, rape ect. District -use of expert patients during screening at all examination campaigns service points -diagnostic arm -health education at every service point on center to have mental health -Poster display and pamphlets that were or cidents, rape ect. District -use of expert patients during screening at all examination essential psychoph arm service of essential psychoph arm -scheduled review referral pathways to and from specialized monitoring and pamphlets that were organogram -scheduled review referral pathways to and from monitoring and pamphlets that were organogram -scheduled review referral pathways to and from monitoring and pamphlets that were organogram -scheduled review referral pathways to and from monitoring and pamphlets that were organogram -scheduled review referral pathways to and from monitoring and pamphlets that were organogram -scheduled review referral pathways to and from monitoring and pamphlets referral pathways to and from monitoring and pamphlets that were organogram -scheduled review referral pathways to and from monitoring and pamphlets that were organogram -scheduled review referral pathways to and from monitoring and pamphlets to and from monitoring and pamphlets to and from monitoring and pamphlets to and from specialized rediction monitoring and pamphlets to and from specialized rediction production production are scheduled review referral pathways to and from specialized rediction production are scheduled review referral pathways to and from specialized rediction production are scheduled review referral pathways to and from specialized rediction production production are scheduled review referral pathways to and from specialized rediction production production are scheduled review referral pathways to and from specialized rediction production production production are scheduled review referral pathways to and from specialized rediction production production production production production production production production producti			I					
S disorder e,g ac cidents, rape ect. District hospital patients during screening at all evel campaigns service points -health education at every service point on mental health -Poster display and pamphlets with the cidents of the			-					
cidents, rape ect. District -use of expert hospital patients during screening at all evel campaigns -health education at every service point on mental health -Poster display and pamphlets -cidents, rape ect. -clinical -use of -scheduled review -scheduled review -referral pathways to and from specialized monitoring and refills hospital and health refills hospital and health centers -counselling, PFA and psychotherapy and pamphlets -scheduled review -referral pathways to and from specialized monitoring and refills hospital and health centers -District leaders to promote the human rights of			S					
cidents, rape ect. District -use of expert hospital patients during screening at all evel campaigns -health education at every service point on mental health -Poster display and pamphlets -cidents, rape ect. -clinical -use of -scheduled review -scheduled review -referral pathways to and from specialized monitoring and refills hospital and health refills hospital and health centers -counselling, PFA and psychotherapy and pamphlets -scheduled review -referral pathways to and from specialized monitoring and refills hospital and health centers -District leaders to promote the human rights of			disorder e,g ac					
District or of expert patients during screening at all level campaigns service points or ontact education at every service point or mental health point on center mental health or of mental health or of mental health or of mental health or of mental health and pamphlets that were campaigns or of clinical or or oclinical every service or of clinical every service or oclinical every or oclinical or oclinical or oclinical every or oclinical or oclinical every or oclinical every or oclinical or ocli								
District or of expert patients during screening at all level campaigns service points or ontact education at every service point or mental health point on center mental health or of mental health or of mental health or of mental health or of mental health and pamphlets that were campaigns or of clinical or or oclinical every service or of clinical every service or oclinical every or oclinical or oclinical or oclinical every or oclinical or oclinical every or oclinical every or oclinical or ocli			rane ect					
hospital patients during screening at all examination campaigns service points ducation at every service point on center to have mental health -Poster display and pamphlets that were points arm lessential psychoph visits to and from specialized monitoring and psychiatric treat common and treation to monitoring and psychiatric refills hospital and health centers point on center to have disorders poster display and pamphlets that were organogram essential psychoph visits to and from mendication specialized monitoring and psychiatric refills hospital and health centers protect and protect and promote the human rights of			rape cet.					
hospital patients during screening at all examination campaigns service points ducation at every service point on center to have mental health -Poster display and pamphlets that were points arm lessential psychoph visits to and from specialized monitoring and psychiatric treat common and treation to monitoring and psychiatric refills hospital and health centers point on center to have disorders poster display and pamphlets that were organogram essential psychoph visits to and from mendication specialized monitoring and psychiatric refills hospital and health centers protect and protect and promote the human rights of								
level campaigns service points -diagnostic arm -medication specialized psychiatric treat common and every service through health point on center to have mental health -Poster display identify people and pamphlets that were organogram -diagnostic arm -medication specialized psychiatric treat common and treat common and every service through health severe mental disorders -District leaders to protect and promote the human rights of		•						
-health -contact studies and Intervention to education at every service through health -Mental health point on center to have mental health -Poster display identify people in the DHMT and pamphlets that were organogram Intervention to monitoring and psychiatric hospital and psychiatric hospital and health centers -District leaders to protect and promote the human rights of	=				essential psychoph			
education at tracing tests treat common and every service through health -Mental health severe mental point on center to have disorders -District leaders to mapping to representative -counselling, PFA -Poster display identify people in the DHMT and psychotherapy and pamphlets that were organogram refills hospital and hospital and health centers -District leaders to protect and promote the human rights of	level		-	_			-	
every service through health -Mental health point on center to have disorders -District leaders to mapping to representative -counselling, PFA -Poster display identify people in the DHMT and psychotherapy and pamphlets that were organogram health severe mental health centers -District leaders to protect and promote the human rights of								
point on center to have disorders -District leaders to mental health mapping to representative representative and psychotherapy and pamphlets that were organogram disorders -District leaders to protect and promote the human rights of			_			refills		
mental health protect and protect and promote the and pamphlets that were program protect and promote the promote		-	_					
-Poster display identify people in the DHMT and psychotherapy and pamphlets that were organogram promote the		ľ						
and pamphlets that were organogram human rights of			–		_		•	
					and psychotherapy		ļ .	
distribution involved in a mental clients				organogram			_	
		distribution	involved in a				mental clients	



					Tsa Boph	nelo 🔼 📜 I	ппеанн
	-celebrate	traumatic	-DHMT to	-difficult patient		-link mental	
	mental health	situation	quarterly	discussion with		health clients with	
	day	-operational	evaluate and	specialist.		socio-	
	-schools'	research		-operational		economic needs	
	health		al health data	research		to other	
	program		and operational			departments and	
	-mental		I -	appropriately		sectors	
	health educati		researen	-admit according		500013	
	on using mass			to the mental			
	media			health law			
	-resource			-resource			
	mobilization			availability and			
	for mental			distribution by			
	health services			DHMT			
	and			Dillivii			
	promotion						
	promotion						
Specialized	-health	-referred	-clinical	- use of	- scheduled	- refer back to	
psychiatric		cases				district or	
hospital	using mass	cases	-diagnostic	arm	-medication	community	
nospitai	media		_	Intervention to	monitoring and	-link mental	
	coverage			treat common and	refills	health clients with	
	-Distribution of			severe mental	-Quarterly	socio-economic	
	pamphlets and				supervision of	needs to other	
	IEC		and reports	-anesthesia and	districts	departments and	
	-use of			ECT	uistricts	sectors	
	influential			- counselling, PFA		-assessments	
	people for			and psychotherapy,		reports e.g legal,	
	advocacy e.g p			occupational		work fitness etc	
	atron			therapy		WOLK HITTESS ETC	
	-Hospital boards as a			-management of difficult cases			
	watch dog for			during supervision of districts			
	service quality						
	and assurance			-international referrals			
	-research			referrais			
	agenda						
	according to						
	priority area						
	for both the						
	hospital and						
	the schools						