

# Zami Lasante, PIH Haiti: Skills Package Mapping onto Existing System

	Community Leaders	Community Health Workers	Social Workers' Assistants	Social Workers	Psychologists	Nurses (Health Center Level)	Nurses (District Hospital Level)	General Physicians	Soecalist Clinicians
MH in context of stigma culture, religion									
MH and human rights									
Familiarity with MH care pathways									
Familiarity with main sx groups and disorders									
Screening tool use									
Mental status examination									
Triage rules for priority mental disorders									
Rationale for accepted treatment approaches									
Active and empathic listening skills									
Behavioral activation techniques									
Relaxation techniques									
Manualized psychotherapies (i.e., IPT, CBT) adapted to context									
TOT- psychotherapies									
Recognition of side effects of medication									
Medication adherence support									
Medical management of priority mental disorders									
Main medication types, side effects									
Responding to MH crises									
Managing acute MH crises + physical restraint									
Familiarity with epilepsy									
Specialized knowledge of neurologic disorders									
Specialized knowledge of child /adolescent MH									
Management of quality improvement									

Skill Package	Color
General Knowledge	
Triage-engagement, Education, Support	
Psychotherapy	
Pharmacotherapy	

Skill Package	Color
Specialist Care / Referral	
Quality/Oversight	

**Contact:** Please note that this tool is only one part of planning and implementing an integrated mental health program. If you want to learn more about Partners In Health's mental health work or wish to adapt this tool please contact us at [xsitementalhealth@pih.org](mailto:xsitementalhealth@pih.org). © 2021 Partners In Health. All rights reserved. Commercial use prohibited.